#### **Meatless Monday**

Monday's Main Entrée (A) is Vegetarian, also Weekly Alternate (C) & (D) Entrée are often Veg. Choice's.

# Tredyffrin Easttown School District Elementary Lunch Menu January/February 2022

2nd Meal Prices Student Paid \$3.25 Adult \$5.00

MEATLESS MONDAY		TUESDAY WEDNESDAY		THURSDAY	FRIDAY	
Entrée (A)	"Pizza Dippers" Mozzarella Filled Breadsticks	Chicken Tenders w/Dinner Roll	Cheeseburger on a Bun	Grilled Cheese	Pizza Slice	
Veg Fruit	Marinara Sauce Baby Carrots w/Dip	Potato Puffs	Baby Carrots Baked Beans	Tomato Soup Cuc Slice/dip	Baby Carrots w/Dip Broccoli w/Dip	
	Apple Slices	Mixed Fruit	Apple Slices	Diced Peaches	Apple Slices	

B) No B Choice

C)Yogurt Bites (4oz Yogurt, String Cheese, Cinn. Teddy Grahams, Baby Carrots and Grapes)

D)Veggie Burger & Cheese on a Bun

Entrée (A)	"Pizza Dippers" Mozzarella Filled Breadsticks	Chicken Nuggets w/Dinner Roll	Meatball Sub	Meatball Sub Soft Chicken Taco w/Fixings	
Veg	Marinara Sauce	Baked Beans	Steamed Carrots	Corn	Cuc Slices w/dip
	Steamed Pea's	Chopped Salad	Broccoli w/dip		Baby Carrots w/Dip
Fruit	Apple Slices	Chilled Pears	Apple Slices	Peaches	Apple Slices

### THIS WEEKS ALTERNATE ENTRÉE'S

B) No B Choice

C)Pretzel Bites (Bite size Soft Pretzel, 4oz Yogurt, String Cheese, Baby Carrots, Apple Slices)
D)Veggie Burger & Cheese on a Bun

Entrée (A)	"Pizza Dippers" Mozzarella Filled Breadsticks	Chicken Tenders w/Dinner Roll	Cheeseburger on a Bun	French Toast Stix w/Syrup Sausage Patty	Pizza Slice	
Veg	Marinara Sauce	Potato Puffs	Baby Carrots	Potato Puffs	Green Beans	
	Baby Carrots w/Dip		Baked Beans		Baby Carrots w/Dip	
Fruit	Apple Slices	Mixed Fruit	Apple Slices	Orange Juice	Apple Slices	

## THIS WEEKS ALTERNATE ENTRÉE'S

B)No B Choice
C)Yogurt Bites (4oz Yogurt, String Cheese, Cinn. Teddy Grahams, Baby Carrots and Grapes)
D)Veggie Burger & Cheese on a Bun

Entrée (A)	"Pizza Dippers" Mozzarella Filled Breadsticks	Chicken Nuggets w/Dinner Roll	Meatball Sub	Soft Chicken Taco w/Fixings	Pizza Slice				
Veg	Marinara Sauce	Baked Beans	Steamed Carrots	Corn	Cuc Slices w/dip				
	Steamed Pea's	Chopped Salad	Broccoli w/dip		Baby Carrots w/Dip				
Fruit	Apple Slices	Chilled Pears	Apple Slices	Peaches	Apple Slices				
	THIS WEEK'S AI TERNATE ENTRÉE'S								

B) No B Choice

C)Pretzel Bites (Bite size Soft Pretzel, 4oz Yogurt, String Cheese, Baby Carrots, Apple Slices)
D)Veggie Burger & Cheese on a Bun

January				February					
3	4	5	6	7		1	2	3	4
10	11	12	13	14	7	8	9	10	11
17	18	19	20	21	14	14	16	17	18
24	25	26	27	28	21	22	23	24	25
31					28				

#### **IMPORTANT:**

Please manage your child's cafeteria account by registering for our on-line cafeteria services at www.schoolcafe.com. View your child's account balance, statement & receive low balance emails!

Once registered please enable the email notification for each child.

Deposits made on-line will incur a \$2.25 fee. All other services are FREE! You may still pay by cash or check. Checks should be made payable to TESD Caf. Fund.